

CONF050725615

**Louisville Metro Council  
Originated NDF**

Primary Council Member: Jennifer Chappell

Appropriation Amount: ~~\$1,000~~ \$1,750 \$5,000

**Specifically describe the charge to NDF attaching supporting documentation to fully describe the expenditure and describe the public purpose:**

The expenditure will help to fund Gathering Strength's First Annual Adaptive Recreation Showcase. The Showcase will be free for the public to attend, providing access to transformative activities and resources regarding people with disabilities while expanding awareness of adaptive sports and their life-changing impact.

Entity Hosting Event: Gathering Strength, Inc.

Entity Mailing Address: hello@gatheringstrength.org 2721 Shippen Ave Louisville 40206

Entity Contact: Mary Anne Tinnell

Contact Phone: 5028191295

**Attachment required:**

- **Sponsorship of an event:** Attach an event flyer and/or details regarding how the event was publicized.
- **Admittance to an Event:** Attach a list of persons whose admission was paid by this expenditure.
- **Fundraiser:** Specifically disclose how the net proceeds of this fundraiser will be used.

I have reviewed this request for an expenditure of city tax dollars, and have determined the funds will be used for a public purpose.

15

District #

*J. Chappell*  
Primary Sponsor Signature

\$1,000  
Amount

4/17/25  
Date

*Mark Felt*  
Appropriations Committee Chair

5/7/25  
Date

List below any personal or business relationship you, your family or your legislative assistant have with this organization, its volunteers, its employees or members of its board of directors.

NA

Effective May 2016

Approved Committee

Date: 5/7/25

**Applicant/Program: Gathering Strength/Adaptive Recreation Showcase**

List below any personal or business relationship you, your family or your legislative assistant have with this organization, its volunteers, its employees or members of its board of directors.

NA

District 1	_____	\$	250	_____
District 2	_____	\$		_____
District 3	_____	\$	1,000	_____
District 4	_____	\$		_____
District 5	_____	\$		_____
District 6	_____	\$	250	_____
District 7	_____	\$		_____
District 8	_____	\$		_____
District 9	_____	\$	250	_____
District 10	Josie Raymond	\$	250	\$500
District 11	_____	\$		_____
District 12	[Signature]	\$	250	_____
District 13	_____	\$	250	_____
District 14	_____	\$		_____
District 15	_____	\$		_____

Effective May 2016

**Applicant/Program:** Gathering Strength/Adaptive Recreation Showcase

**Additional Council Office Disclosure**

List below any personal or business relationship you, your family or your legislative assistant have with this organization, its volunteers, its employees or members of its board of directors.

NA

District 16 \_\_\_\_\_ \$ \_\_\_\_\_

District 17 \_\_\_\_\_ \$ 250

District 18 Mawby Lah \_\_\_\_\_ \$ \$250 \$500

District 19 \_\_\_\_\_ \$ \_\_\_\_\_

District 20 \_\_\_\_\_ \$ \_\_\_\_\_

District 21 \_\_\_\_\_ \$ 250

District 22 \_\_\_\_\_ \$ \_\_\_\_\_

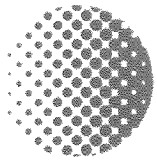
District 23 \_\_\_\_\_ \$ \_\_\_\_\_

District 24 \_\_\_\_\_ \$ 250

District 25 \_\_\_\_\_ \$ \_\_\_\_\_

District 26 \_\_\_\_\_ \$ \_\_\_\_\_

Effective May 2016



# Gathering Strength

## For Living Your Best Life

2721 Shippen Ave  
Louisville, Ky 40206  
502-444-0631  
[www.gatheringstrength.org](http://www.gatheringstrength.org)

April 21, 2025

Councilman Jennifer Chappell  
District 15  
Metro Council  
601 W. Jefferson St.  
Louisville, KY 40202

Dear Councilwoman Chappell:

In 2006, without warning, I suffered a spinal cord stroke that left me a paraplegic and a wheelchair user. I founded Gathering Strength in 2018 to empower people with disabilities to achieve better health, increase self-sufficiency, and become more engaged in the community.

**On Saturday, July 19, 2025, Gathering Strength is hosting its first annual Adaptive Recreation Showcase.** Adaptive recreation empowers people with disabilities to participate in sports and recreation through the use of modified equipment and rules.

The Craig H. Neilsen Foundation is our anchor sponsor. **We need the support of business leaders like you to make the Showcase a complete success.** Your sponsorship will:

- Improve the physical and mental health of people with disabilities.
- Provide attendees with free access to transformative activities and resources.
- Expand awareness of adaptive sports and their life-changing impact.

Disabling injuries and conditions too often lead to poorer health outcomes, isolation, lower employment, and dependence. The good news is that engagement in sports, recreation, and leisure activities has been shown to improve physical and emotional wellbeing, increase self-esteem and independence, and inspire hope for the future.

Call volunteer Mary Anne Tinnell 502.819.1295 ([celebratelife.mary@aol.com](mailto:celebratelife.mary@aol.com)) or email [hello@gatheringstrength.org](mailto:hello@gatheringstrength.org) to join us in creating a day of inspiration, empowerment, and connection.

With Gratitude,

Elizabeth Fust  
Founder and Executive Director

# Gathering Strength's First Annual Adaptive Recreation Showcase

**Saturday, July 19, 2025. 10:00 - 4:00 ET**

UofL Student Activities Center | 2100 S. Floyd St. | Louisville, KY 40208

## Meet athletes and watch live demonstrations of:

- wheelchair basketball
- wheelchair rugby
- fishing
- rock climbing
- handcycling
- track and field
- archery
- and much more!

Adaptive recreation uses modified equipment and rules so people with disabilities can participate.

## Benefits of participating in sports and recreation:

- improved physical and mental health
- greater strength, coordination, & independence
- reduced isolation and improved quality of life

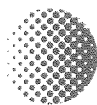
**Learn more and register at the QR code below or at:**

**[www.gatheringstrength.org/adaptive-recreation-showcase](http://www.gatheringstrength.org/adaptive-recreation-showcase)**



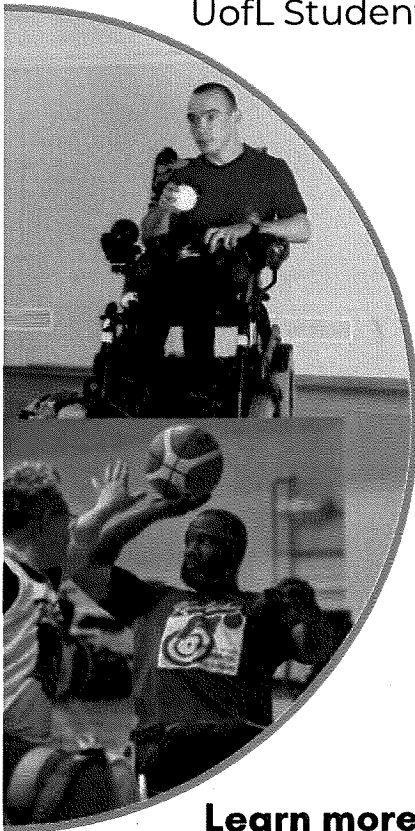
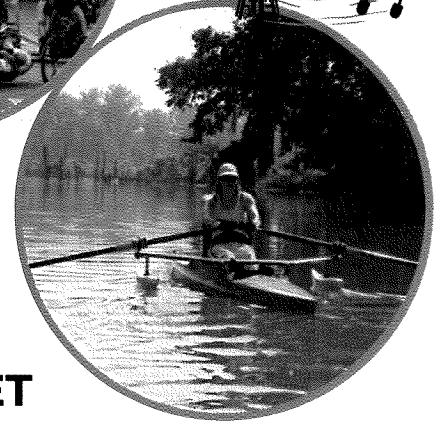
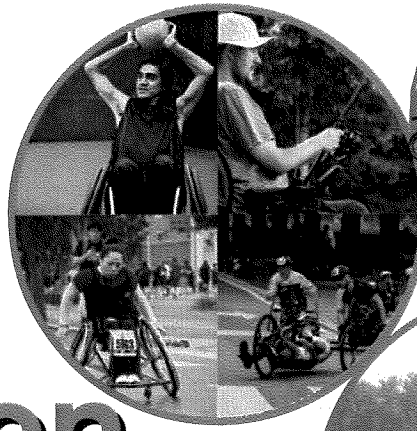
Open your smart phone's camera. Focus it on the QR code. Tap the yellow pop-up that appears to go to registration

**Organized and hosted by:**



**Gathering Strength**  
For Living Your Best Life

**Funded by:**



**First Annual  
Gathering Strength  
Adaptive Sports Showcase**  
**Saturday, July 19, 2025**  
**10:00 – 4:00 ET**



**SOLD!**

**Presenting Sponsor: \$15,000**

***BENEFITS INCLUDE:***

- Listing as presenting sponsor on registration; signature banner at event; all promotional materials; website; and all social media.
- Prominent mention in all press releases.
- Special recognition throughout the event.

**Platinum Sponsor: \$5,000**

***BENEFITS INCLUDE:***

- Prominent logo on signage, event program, t-shirts, and all promotional materials;
- Prominent logo on the Facebook event page.
- Prominent logo and link on website.
- Listing as sponsor in Gathering Strength newsletter
- Prominent mention in all press releases.
- Opportunity for joint interview with media sponsor.
- Tagged in event social media.
- Complementary table at event to display promotional materials.

**Gold Sponsor: \$2,500**

***BENEFITS INCLUDE:***

- Logo on t-shirts, event program, and promotional materials.
- Prominent logo and link on website.
- Mention in 1 social media post and email acknowledgment
- Listing as sponsor in Gathering Strength newsletter
- Complementary table at event to display promotional materials.

### **Silver Sponsor: \$1,000**

#### ***BENEFITS INCLUDE:***

- Logo on select event signage and event program
- Logo on website.
- Complementary table at event to display promotional materials.  
(Space is limited to 20 tables.)

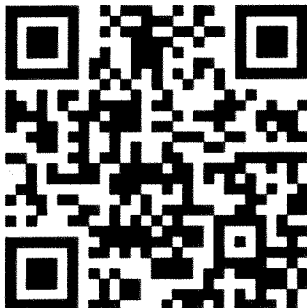
### **Bronze Sponsor: \$500**

#### ***BENEFITS INCLUDE:***

- Name listed on event program
- Logo on website.
- Complementary table at event to display promotional materials  
(space is limited to 20 tables.)

#### **Contact:**

Elizabeth Fust  
Gathering Strength  
<https://gatheringstrength.org>  
[liz@gatheringstrength.org](mailto:liz@gatheringstrength.org)  
502-797-5658



Focus the camera of your smartphone on  
The QR code and a yellow pop-up will appear.  
Tap the pop-up and you will be taken to the  
Gathering Strength website.

## Golden, Amy

---

**From:** Lockett, Amy  
**Sent:** Monday, April 21, 2025 10:26 AM  
**To:** Golden, Amy  
**Subject:** FW: SO FAR

**From:** Mary Middleton <celebratelife.mary@aol.com>  
**Sent:** Tuesday, April 8, 2025 10:27 AM  
**To:** Chappell, Jennifer <Jennifer.Chappell@louisvilleky.gov>; Lockett, Amy <Amy.Lockett@louisvilleky.gov>  
**Subject:** SO FAR

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---

Good Morning,

So far Councilwoman Parker, Councilman Reno-Weber have said they will participate with you for the Gathering Strength Adaptive Recreational event on July 19th. Betsy Ruhe had questions which I have answered. I will send you a paragraph about Gathering Strength when you go before the committee. WOO HOO!

Thank you.

Mary Anne



## Golden, Amy

---

**From:** Golden, Amy  
**Sent:** Monday, April 21, 2025 4:06 PM  
**To:** Luckett, Amy  
**Subject:** RE: METRO COUNCIL DONATION

Do you anticipate getting to a specific level of sponsorship? As of right now, D15 is at a Silver Level Sponsor, but the amounts expected from the other districts aren't listed. We just want to be sure it is one of the Sponsor Levels to not have to split the amount (I see in her request it was for \$5,000, but if you got \$3,000- you would have to do one Gold Level and one Bronze Level.)

---

**From:** Luckett, Amy <Amy.Luckett@louisvilleky.gov>  
**Sent:** Monday, April 21, 2025 10:25 AM  
**To:** Golden, Amy <Amy.Golden@louisvilleky.gov>  
**Subject:** FW: METRO COUNCIL DONATION

---

**From:** Mary Middleton <[celebratelife.mary@aol.com](mailto:celebratelife.mary@aol.com)>  
**Sent:** Wednesday, April 2, 2025 5:56 PM  
**To:** Luckett, Amy <Amy.Luckett@louisvilleky.gov>  
**Cc:** Chappell, Jennifer <[Jennifer.Chappell@louisvilleky.gov](mailto:Jennifer.Chappell@louisvilleky.gov)>  
**Subject:** Re: METRO COUNCIL DONATION

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---

Thank you! I will tell all of them!

Sent from my iPhone

On Apr 2, 2025, at 5:49 PM, Luckett, Amy <[Amy.Luckett@louisvilleky.gov](mailto:Amy.Luckett@louisvilleky.gov)> wrote:

Thanks so much, Mary Anne.

I will review this to make sure I have everything we need to process this request and get back to you in the next week, if we need any additional information. Our next New Business Deadline is 4/21/25 and we should be able to submit this then and have it heard at the Appropriations meeting after that. Feel free to let the other offices know that it should be heard at appropriations on 5/7/25.

If you have any questions or there is anything else we can assist you with, let me know.

Thank you!

## Amy Lockett

**Legislative Assistant, District 15**

**Louisville Metro Council**

601 West Jefferson Street

Louisville, KY 40202

O: (502) 574-1115

C: (502) 409-3943

[amy.lockett@louisvilleky.gov](mailto:amy.lockett@louisvilleky.gov)

<image001.png>

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<image002.png>

<image003.png>

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**From:** Mary Middleton <[celebratelife.mary@aol.com](mailto:celebratelife.mary@aol.com)>

**Sent:** Tuesday, April 1, 2025 4:46 PM

**To:** Lockett, Amy <[Amy.Lockett@louisvilleky.gov](mailto:Amy.Lockett@louisvilleky.gov)>

**Cc:** Chappell, Jennifer <[Jennifer.Chappell@louisvilleky.gov](mailto:Jennifer.Chappell@louisvilleky.gov)>

**Subject:** Re: METRO COUNCIL DONATION

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---

Hi Amy,

I have attached all the documents. This is going to be a great event!

Thank you!

Mary Anne Tinnell  
Gathering Strength  
Volunteer

On Tuesday, April 1, 2025 at 12:11:49 PM EDT, Lockett, Amy <[amy.lockett@louisvilleky.gov](mailto:amy.lockett@louisvilleky.gov)> wrote:

Hi, Mary,

Thanks for clarifying. ***Could you send me a copy of the flyer?*** I think you may have attached it your original email to Councilwoman Chappell, but outlook is funny and doesn't include attachments if your included in a subsequent email. I will need that to see how we should proceed with the funding request through our office.

Thank you!

## Amy Lockett

**Legislative Assistant, District 15**

**Louisville Metro Council**

601 West Jefferson Street

Louisville, KY 40202

O: (502) 574-1115

C: (502) 409-3943

[amy.lockett@louisvilleky.gov](mailto:amy.lockett@louisvilleky.gov)

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<image002.png>

<image003.png>

**From:** Mary Middleton <[celebratelife.mary@aol.com](mailto:celebratelife.mary@aol.com)>

**Sent:** Tuesday, April 1, 2025 12:39 AM

**To:** Chappell, Jennifer <[Jennifer.Chappell@louisvilleky.gov](mailto:Jennifer.Chappell@louisvilleky.gov)>

**Cc:** Lockett, Amy <[Amy.Lockett@louisvilleky.gov](mailto:Amy.Lockett@louisvilleky.gov)>

**Subject:** Re: METRO COUNCIL DONATION

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Hi Jennifer,

I didn't mean for you to meet with council members. When Cindi Fowler helped me with Mary & Elizabeth Birthing Center, she went to a city council meeting and asked for each members' support. Those who wanted said how much they would donate, etc.

I'm going to write to each of the council members and ask for their support and tell them we have your support. Sorry I was unclear! I tend to do that! LOL

Thank you!

Mary Anne

On Friday, March 28, 2025 at 07:56:15 PM EDT, Chappell, Jennifer  
<[jennifer.chappell@louisvilleky.gov](mailto:jennifer.chappell@louisvilleky.gov)> wrote:

I can't commit to meeting with Council members. Coordinating my limited schedule with 25 other members is quite a challenge, although you can mention that this has my support!

**Jennifer Chappell**

**Councilwoman, District 15**

**Louisville Metro Council**

601 West Jefferson Street

Louisville, KY 40202

O: (502) 574-1115

C: (502) 539-9788

[jennifer.chappell@louisvilleky.gov](mailto:jennifer.chappell@louisvilleky.gov)

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<image002.png>

<image003.png>

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**From:** Mary Middleton <[celebratelife.mary@aol.com](mailto:celebratelife.mary@aol.com)>

**Sent:** Friday, March 28, 2025 4:39 PM

**To:** Chappell, Jennifer <[Jennifer.Chappell@louisvilleky.gov](mailto:Jennifer.Chappell@louisvilleky.gov)>

**Cc:** Lockett, Amy <[Amy.Lockett@louisvilleky.gov](mailto:Amy.Lockett@louisvilleky.gov)>

**Subject:** Re: METRO COUNCIL DONATION

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---

Can I say you will present at a meeting and we hope they will contribute from their district? Have a great March Madness weekend!

Sent from my iPhone

On Mar 28, 2025, at 11:06 AM, Chappell, Jennifer  
<[Jennifer.Chappell@louisvilleky.gov](mailto:Jennifer.Chappell@louisvilleky.gov)> wrote:

No problem!

I'm sure you know how to get ahold of everyone, but wanted to include [this link](#) that makes it easier to find Council member contact information.

Keep us posted!

## Jennifer Chappell

**Councilwoman, District 15**

**Louisville Metro Council**

601 West Jefferson Street

Louisville, KY 40202

O: (502) 574-1115

C: (502) 539-9788

[jennifer.chappell@louisvilleky.gov](mailto:jennifer.chappell@louisvilleky.gov)

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<Outlook-3jjdet4s.png>

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**From:** Mary Middleton <[celebratelife.mary@aol.com](mailto:celebratelife.mary@aol.com)>

**Sent:** Thursday, March 27, 2025 8:32 PM

**To:** Chappell, Jennifer <[Jennifer.Chappell@louisvilleky.gov](mailto:Jennifer.Chappell@louisvilleky.gov)>

**Cc:** Lockett, Amy <[Amy.Lockett@louisvilleky.gov](mailto:Amy.Lockett@louisvilleky.gov)>

**Subject:** Re: METRO COUNCIL DONATION

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---

I remembered that after I sent the email! Thank you, will reach out to them! You are the BEST! Thank you!

Sent from my iPhone

On Mar 27, 2025, at 8:14 PM, Chappell, Jennifer  
<[Jennifer.Chappell@louisvilleky.gov](mailto:Jennifer.Chappell@louisvilleky.gov)> wrote:

Unfortunately, Rick Blackwell is no longer on Council.

I would suggest reaching out to all Council members since they all have the opportunity to donate. Some you might want to particularly focus on would be Betsy Ruhe (21), JP Lyninger (6), and Scott Reed (16). Councilman Reed serves on the Commission for People with Disabilities, so he would be great to chat with.

Hope this helps!

## **Jennifer Chappell**

**Councilwoman, District 15**

**Louisville Metro Council**

601 West Jefferson Street

Louisville, KY 40202

O: (502) 574-1115

C: (502) 539-9788

[jennifer.chappell@louisvilleky.gov](mailto:jennifer.chappell@louisvilleky.gov)

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<Outlook-tidugphu.png>

**From:** Mary Middleton <[celebratelifemary@aol.com](mailto:celebratelifemary@aol.com)>  
**Sent:** Wednesday, March 26, 2025 6:54 PM  
**To:** Chappell, Jennifer <[Jennifer.Chappell@louisvilleky.gov](mailto:Jennifer.Chappell@louisvilleky.gov)>  
**Cc:** Lockett, Amy <[Amy.Lockett@louisvilleky.gov](mailto:Amy.Lockett@louisvilleky.gov)>  
**Subject:** Re: METRO COUNCIL DONATION

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I don't want you to have to pay the entire \$5,000. I can reach out to Rick Blackwell? Who else is close in vicinity to you? Thank you for answering! Mary Anne

Sent from my iPhone

On Mar 26, 2025, at 6:32 PM, Chappell, Jennifer  
<[Jennifer.Chappell@louisvilleky.gov](mailto:Jennifer.Chappell@louisvilleky.gov)> wrote:

Hey, Mary,

Thanks for reaching out and all that you do for the community! It sounds like a great event!

Unfortunately, I can't commit to the entire \$5,000, although we can see if any of my colleagues are able to commit any additional funds. Have you spoken with anyone else on Council about this event?

I've copied my legislative assistant, Amy Lockett, on this email and she will be helping us through the funding process.

Please let me know if you have any questions.



Thanks,

**Jennifer Chappell**

**Councilwoman, District 15**

**Louisville Metro Council**

601 West Jefferson Street

Louisville, KY 40202

O: (502) 574-1115

C: (502) 539-9788

[jennifer.chappell@louisvilleky.gov](mailto:jennifer.chappell@louisvilleky.gov)

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**From:** Mary Middleton <[celebratelife.mary@aol.com](mailto:celebratelife.mary@aol.com)>

**Sent:** Wednesday, March 26, 2025 10:48 AM

**To:** Chappell, Jennifer

<[Jennifer.Chappell@louisvilleky.gov](mailto:Jennifer.Chappell@louisvilleky.gov)>

**Subject:** METRO COUNCIL DONATION

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Hi Representative Chappell,

I retired from Mary & Elizabeth Hospital last June and began volunteering for **Gathering Strength**, a wonderful organization that helps wheelchair individuals continue to live their best life. As we know, a lot of them have had accidents, gunshot wounds, medical conditions that caused them to be in a wheelchair for the rest of their lives.

I met Liz Fust when I worked for UofL Health Philanthropy and raised money for Frazier Rehab events. She is a powerhouse and a heroine. She founded **Gathering Strength**, and has done remarkable work by advancing health outcomes, community engagement and independence for people with disabilities. In 2024 Gathering Strength empowered over 1,387 participants in free, online exercise and financial classes. She never stops thinking of how to help others!

This event is in your area at UofL Student Activities Center. This is a perfect opportunity for Metro Louisville's participation at our first **Gathering Strength Adaptive Sports Showcase** to be held on Saturday, July 19th from 10 am to 4 pm. Can you take to a Metro Council meeting and see if any of the other council members will assist in this donation? **I would ask for a \$5,000 donation**. Attached is all the information.

Thank you.

Mary Anne Tinnell  
(District 9)

Gathering Strength

Volunteer

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## Golden, Amy

---

**From:** Bell, LaTonya J.  
**Sent:** Monday, April 28, 2025 4:15 PM  
**To:** Luckett, Amy; Chappell, Jennifer; Golden, Amy  
**Cc:** Harward, Sonya  
**Subject:** RE: D15 - 5/7/25 Appropriations Comments - CONDF050725GS15

Amy Luckett, thank you for confirming no one will be using the complementary table.

Amy Golden, please include this email in the CONDF050725GS15 NDF packet. Thank you.

**From:** Luckett, Amy <Amy.Luckett@louisvilleky.gov>  
**Sent:** Monday, April 28, 2025 11:10 AM  
**To:** Bell, LaTonya J. <LaTonya.Bell2@louisvilleky.gov>; Chappell, Jennifer <Jennifer.Chappell@louisvilleky.gov>  
**Cc:** Golden, Amy <Amy.Golden@louisvilleky.gov>; Harward, Sonya <Sonya.Harward@louisvilleky.gov>  
**Subject:** RE: D15 - 5/7/25 Appropriations Comments - CONDF050725GS15

Hi, LaTonya,

Since this event is free to the public to attend, I didn't think the list was necessary. My reading of the "complementary table" was more of a space to promote our office and interact with the attendees. I don't know if anyone from our office will be able to attend regardless, so we can also let the sponsor know that the table can be used for another vendor. Let me know if you have any questions or need anything else.

Thank you.

## Amy Luckett

**Legislative Assistant, District 15**

**Louisville Metro Council**

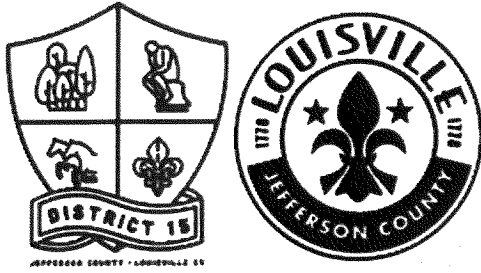
601 West Jefferson Street

Louisville, KY 40202

O: (502) 574-1115

C: (502) 409-3943

amy.luckett@louisvilleky.gov



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**From:** Bell, LaTonya J. <[LaTonya.Bell2@louisvilleky.gov](mailto:LaTonya.Bell2@louisvilleky.gov)>  
**Sent:** Saturday, April 26, 2025 11:59 PM  
**To:** Luckett, Amy <[Amy.Luckett@louisvilleky.gov](mailto:Amy.Luckett@louisvilleky.gov)>; Chappell, Jennifer <[Jennifer.Chappell@louisvilleky.gov](mailto:Jennifer.Chappell@louisvilleky.gov)>  
**Cc:** Golden, Amy <[Amy.Golden@louisvilleky.gov](mailto:Amy.Golden@louisvilleky.gov)>; Harward, Sonya <[Sonya.Harward@louisvilleky.gov](mailto:Sonya.Harward@louisvilleky.gov)>  
**Subject:** D15 - 5/7/25 Appropriations Comments - CONDF050725GS15

Good evening,

***According to the event sponsorship document, the Sliver Sponsor: \$1,000 level includes a complementary table at the event. Please provide a list of the names of the people planning to attend the event. Thank you.***

17. **CONDF050725GS15** APPROPRIATING \$1,000 FROM NEIGHBORHOOD DEVELOPMENT FUNDS IN THE FOLLOWING MANNER: \$1,000 FROM DISTRICT 15; THROUGH THE OFFICE OF MANAGEMENT AND BUDGET, TO GATHERING STRENGTH, INC. FOR SPONSORSHIP OF THEIR FIRST ANNUAL ADAPTIVE RECREATION SHOWCASE.

**Sponsors:** Jennifer Chappell (D-15)

***Comments: District 15 plans to sponsor the Gathering Strength Adaptive Sports Showcase fundraiser event at the \$1,000.00 Sliver Sponsor Level. The event is scheduled for July 19, 2025 at the U of L Student Activities Center. The Sliver Sponsor Level includes a complementary table. The following people plan to attend the event: xxx.***

***The fundraiser proceeds will be used to improve the physical and mental health of people with disabilities; provide attendees with free access to transformative activities and resources and expand awareness of adaptive sports and their life-changing impact.***

***Other Districts may elect to sponsor the event at the sponsorship levels noted in the event flyer located in the NDF packet.***

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