

To Whom It May Concern,

Pressell House aims to be a licensed transitional home with IOP services that will be in the heart of Louisville, Kentucky in a secure and spacious housing facility. Our transitional sober living facility is specifically designed and equipped with needed accommodations to give comfort and security to all clients. Facility operates under Pressell House LLC. Pressell house is owned and managed by Darsey Naville and Shelly Fife. Both are truly enthusiastic about rehabilitating and reintegrating women in recovery to their rightful place in community. Owners will carry liability coverage as required by all governing oversight. Pressell House will follow all compliance with nondiscriminatory state and federal requirements. *See policy/procedure: Certification as an Addiction Treatment Services Provider.

Our mission is to build a transitional house utilizing social model and clinical services that will provide compassionate and professional evidence-based services to adult women with Substance Use Disorder (SUD).

Pressell House values and respects each resident and puts everyone's recovery and needs at the forefront of all decision making. To meet this obligation, we adhere to the following principles defined in detail in our Policies:

Assess each potential resident's needs and determine whether the level of support available within the residence is appropriate. Help the resident with referral in or outside of the residence.

Value diversity and non-discrimination.

Maintain an alcohol- and illicit-drug-free environment.

Honor individuals' rights to choose their recovery paths within the parameters defined by the residence organization.

Protect the privacy and personal rights of each resident.

Provide consistent and uniformly applied rules.

Provide for the health, safety, and welfare of each resident.

Address each resident fairly in all situations.

Encourage residents to sustain relationships with professionals, recovery support service providers and allies.

Pressell House Recovery House requires a 90-day minimum commitment. The length of stay is individualized and open-ended, and most residents live at Pressell House for 3-6 months. The average day is structured around clinical services, life skills training, 12-Step meetings, social activities, community and personal responsibilities, self-care, and house responsibilities.

Residents will be required to participate in Twelve-step recovery programs are mutual aid organizations whose purpose is recovery from addiction. Twelve-step programs address three primary dimensions: the physical, mental, and spiritual. Pressell House believes in the effectiveness of a Twelve Step program, and its tenets inform our mission. We require residents to have sponsors, attend Twelve Step meetings, work the steps, and live an alcohol and drug-free free lifestyle.

Pressell House offers comprehensive programming for individuals seeking treatment for substance use disorders (SUDs). Our evidence-based approach provides a structured schedule of core services, including individual counseling, group therapy, family psychoeducation, and targeted case management, for at least 9 hours per week. By combining clinical expertise and personalized care as guided by the ASAM (American Society of Addiction Medicine) criteria. Pressell House applies a compassionate approach, client driven goals, in which individuals are empowered to overcome the challenges of SUDs and reclaim their lives. Clients will have the opportunity to develop essential coping skills, receive family support, and access community resources.

Pressell House will be staffed 24 hours a day 7 days a week by qualified and trained individuals.

Thank you for your consideration,

Darsey Naville

Shelly Fife